

Recreation Guide Pull-Out

January—March 2020

Live Here, Play Here!

Registration Opens Online January 3!



**The Parks are Calling....
and you must go!**



See page 21 for Parks Guide

Contact Us!

540-727-3412

www.CulpeperRecreation.com

Parks@CulpeperCounty.gov



Winter Schedule

ATHLETICS

LITTLE TIGERS KARATE LEVEL I

Ages 6-12, 6wks

Two times are available—one for public school students and one for the **homeschool** student. This class is for children who are just starting karate lessons (white belts) as well as beginner level students (yellow & orange belts). The Little Tigers not only develop a solid foundation of karate basics, but also learn and practice self-control, self-discipline, and respect.

Dress Code: New students: comfortable t-shirt & shorts/cotton pants, no denim, class is done in bare feet. Yellow belt or higher students – Karate Gi is required.

Instructor: Sensei RW Godlewski

Community Room, 303 N. Main Street

M&W **1:00p-2:00p** \$100

3/2-4/8 **Register By:** 2/25 #1519.0091

M&W **5:00p-6:00p** \$100

3/2-4/8 **Register By:** 2/25 #1519.0092



TEEN TIGERS KARATE - LEVEL II / III

Ages 13+, 6wks

Prerequisite: For Teen Tigers who have earned their green belt (or higher) rank, under 13yrs with permission from Sensei.

In this next level, students practice and refine the basics of karate and work on challenging new moves, forms and drills of higher difficulty. Karate Gi (uniform) is required.

Instructor: Sensei RW Godlewski

Community Room, 303 N. Main Street

Register By: 2/25 #1519.0093

M&W 3/2-4/8 3:45p-4:45p \$100

LOOKING AHEAD.....

Swimming Lessons and Summer Camps will be posted in the Spring issue of *The Culpeper Quarterly* available on March 13.

SUNDAY FUN DAY EXTREME!

Age 7-12, 6wks

This program introduces basic sports skills such as cardio, communication, and focus through gross motor play. This program is designed for children to channel their energy while learning various sports, techniques, team building, good sportsmanship, field day games, and friendship! Bring a water bottle, proper closed toed shoes, athletic wear recommended. Primary location is Sycamore Park Elementary but may vary between schools and parks with advance notice based on weather. Program is FREE! Preregistration required, open enrollment anytime through session based on availability.

Instructor: Department Staff

Sycamore Park Elementary - Gym

Su 2:00p-3:45p **FREE!**

1/19-2/23 **Register By:** 1/17 #1519.0085

3/1-4/5 **Register By:** 2/28 #1519.0086



Age 8-12, 6wks

Golf is one of the most diverse and inclusive sports in the industry; join in the fun regardless of previous experience. The First Tee places a premium on core values such as honesty, respect, confidence, integrity, and judgement. These values help build social skills, deal with peer pressure and how to self-manage through most day-to-day situations while engaging in purposeful creative play. All equipment provided.

Instructor: Department Staff

Yowell Elementary School - Gym

Register By: 2/21 #1619.0085

W 2/26-4/1 5:00p-6:15p \$20

Pickleball



Ages 8+, 6wks

Want to play one of the country's fastest-growing sports in the country? Bring your friends, paddles, and a positive attitude for pick up games! All games are participant officiated. Balls are provided; While some paddles are available, it is strongly encouraged to bring your own.

Instructor: Department Staff

Emerald Hill Elementary - Gym

Sa 9:00a-12:00p \$35

1/18-2/22 **Register By:** 1/15 #1519.0089

2/29-4/4 **Register By:** 2/26 #1519.0090

ADULT CO-ED VOLLEYBALL



Ages 18+, 6wks

Calling all level volleyball players! Don't know how to play? We can teach you! Knee pads are optional, closed toed shoes required. Music provided; fun guaranteed!

Instructor: Department Staff

Sycamore Park Elementary - Gym

Su 4:00p-6:00p \$30

1/19-2/26 **Register by:** 1/15 #1519.0087

3/1-4/5 **Register by:** 2/26 #1519.0088

MEN'S BASKETBALL

Age 18+, 8wks

Are you up for a good challenge? Break a sweat with Men's recreation basketball! Teams are formed each night based on the number of players that show up. Full court games, preregistration required, registration will NOT be accepted at the event.

***No activity 4/14 or 4/15**

Instructor: Department Staff

Yowell Elementary School - Gym

Ages 18-35

W 6:30p-8:30p \$45

1/22-3/11 **Register By:** 1/17 #1519.4444

3/18-5/13* **Register By:** 3/16 #1519.4445

Ages 35+

Tu 6:30p-8:30p \$45

1/21-3/10 **Register By:** 1/17 #1519.0083

3/17-5/12* **Register By:** 3/13 #1521.0084

Registration is EASY!!!

see page 25 & 26

Winter Schedule



CREATIVE EXPRESSION

ART JAM: 3D ACADEMY

Ages 6-16yrs, 8wks



Let's explore art in three dimensions! We'll work with a wide variety of materials from clay to papier mache, learning different ways to design and build

sculpture and functional objects. Our focus is on encouraging imagination and creativity while learning new skills. This class is designed to help homeschooling families add fun and flexible art projects to their curriculum. The class will be tailored for each child's age, interests, and abilities. All supplies will be provided.

Instructors: K Art & Design Studio

121 W. Locust St, Suite 105

Register By: 1/22

Tu 1/28-3/17 \$75

Ages 6-10yrs 10:30a-11:30a #1610.0066

Ages 11-16yrs 11:45a-12:45p #1610.0067

LEARN TO SEW

Ages 10+, 1 day

Do you have a sewing machine collecting dust? Want to be able to make something but not sure how? Then let our instructor show you how to sew basic clothes by making an apron to take home. She will show how to maintain your seam allowance, read a pattern, and cut out fabric. Must have your own sewing machine and know how to thread it and put a bobbin in. Supply list is available online or in the Parks & Rec office. Bring a bag lunch or snack.

Instructor: Joyce Calhoun

Culpeper Baptist Church, 318 S. West St.

Register By: 3/5

#1610.0070

Sa 3/14 10:00a-2:00p

\$35

ART JAM: WATERCOLOR FLOWER WORKSHOP

Ages 8-Adult, 1 day

This is a one-day workshop where you will get to create and take home a personal creation you'll be proud to display. No experience required, just enthusiasm! All supplies will be provided.

8-12yrs will learn about different types of watercolor and create a series of small paintings based on a still life of flowers. We'll learn about masking, color mixing, and layering. Students will enjoy having an opportunity to take a project from start to finish without interruption, and they leave the studio with an artwork ready to be proudly displayed.

13yrs-Adult will work with watercolor and ink to capture the beauty of flowers. We'll learn drawing techniques and practice mixing colors for richer results. Students are welcome to bring a flower arrangement or a photograph that they'd like to use for their project. We'll have plenty of flowers in the studio to work from as well.

Instructor: K Art & Design Studio

121 W. Locust St, Suite 105

Register By: 2/11

Sa 2/15 \$45

Ages 8-12 11:30a-2:00p #1610.0068

Ages 13-Adult 2:30p-5:00p #1610.0069

LENN PARK & SPILMAN PARK RENTALS

Looking for someplace to hold a picnic, baby shower, birthday party, wedding, reception, or just a fun get together?

Check out the pavilion at Lenn Park or the shelter at Spilman Park. Both are great venues with lots of amenities for all types of events.

Dates for May & June book quickly for graduation parties, so don't wait!!

Reservation details are available on our webpage.

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www.CulpeperRecreation.com

131 N. Main Street

Culpeper, Virginia 22701

P: (540) 727-3412



[CulpeperRecreation](http://CulpeperRecreation.com)

Contact Us!

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Winter Schedule

ROCK BAND LESSONS

Ages 18+, 4wks

Ever want to play in a band? We are CALLING ALL vocalists, guitarist, drummers, and pianists! Come join Parks & Recreation as we put together a music class in a Jam setting. The emphasis is on playing with others, one can only get so good playing alone. We strive to develop skills like improv, composition, and timing. This is open to players with prior experience of playing their instrument and who can provide their own equipment. Class content will be tailored to beginners with a strong foundation in chords through intermediate players. 10% discount for 2nd person signing up during one transaction.

No Meeting 1/20, 2/17

Instructor: Jewell Tone Music

203 N. Main Street

M 7:00p-8:00p \$50

1/6-2/3* check status online #1616.0013

2/10-3/9* *Register By:* 2/4 #1616.0014

FLAMINGO COSTUME MAKING WORKSHOP & MOVEMENT CLASS



Ages 12-18, 1day

Just in time for Mardi Gras, this class is designed for tweens and teens, to combine the design of a minimalist bird costume (materials provided) and short choreographed dance presentation. Learn how to put together simple pieces for a complete look, use face paints and enjoy simple movements to create a dance inspired by these graceful creatures. The first three hours of the class will review the design and implementation of the birds and dance routine, the last to present to our families. **Dress:** All White/Both Long Sleeves/Pants (old clothes to transform with paint and embellishments)

Instructor: Samantha Whitesides

Community Room, 303 N. Main St.

Register By: 2/18 #1610.0071

Sa 2/22 1:00p-5:00p \$25

RAG QUILT

Ages 18+, 7wks

Are you a fabric collector? Did you get the most awesome fabric for that last project and still have some left over but are not sure what to do with it? Gather up all those leftovers and come out to make a Rag Quilt.



Supply list available online or by email. Must bring your own sewing machine and know how to operate it.

Instructor: Joyce Calhoun

Culpeper Baptist Church 318 S. West St.

Register By: 1/30 #1610.0072

W 2/5-3/18 10:00a-1:00p \$87



SING-A-LONG FOR SENIORS - VALENTINE'S STROLL

All ages, 1day

Do you love to sing? Want to brighten someone's day while singing? Then come join us for another Valentine-inspired musical review throughout the generations, as we pay a visit to the Culpeper Health & Rehabilitation Center to offer songs of LOVE to residents and staff. The first hour will be a meet and greet, while we review our songbook containing tried and true classics from every genre, every generation. Next, we'll warm up in the dining area and then enliven the rooms and halls with our tunes. Valentine chocolates made from an earlier CCPRD workshop will be given out during our stroll. This evening is free of charge but limited to a small group. All ages encouraged. **PRE-REGISTRATION IS REQUIRED** with the Parks & Recreation office – register online or call. Songbooks will be sent home with you, following our meet up.

Instructor: Samantha Whitesides

Culpeper Health & Rehab, 602 Madison Rd

Register By: 2/7 #1513.0002

Th 2/13 6:00p-8:00p **FREE**

ENRICHMENT

HYDROPONICS 101

Ages 10yrs-adult, 1day

It's time to fight those winter blues...What better way than with some green? Green plants that is! Come explore a gardening technique that requires no soil. Learn what it takes to become proficient in home hydroponics (the science of growing plants in water without soil). See the different hydroponic systems available for the home. You too can grow tasty, nutritious vegetables year round without the weeding, raking, hoeing or pesticides. Participants age 10-15 must have an adult remain on-site, class is held indoors.

Instructor: Green Garden Systems, LLC

Lenn Park Pavilion, 19206 Edwin Way

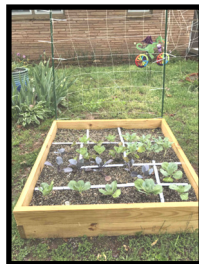
Register By: 2/4 #1613.0069

M 2/10 6:00p-7:00p \$37

SQUARE FOOT GARDENING 101

Ages 10yrs-adult, 1day

Come out and learn this simple, unique and versatile system of gardening. Square Foot Gardening (SFG) adapts to all levels of experience, physical ability, and geographical location. Grow all you want and need in only 20% of the space of a conventional row garden. This organic, intensive and proven method makes gardening easy, enjoyable and better for the environment. This class will have you ready to plant a spring garden! This is a lecture based class that will demonstrate how to build & plant your SFG. Participants age 10-15 must have an adult remain on-site. Class is held indoors.



Instructor: Green Garden Systems, LLC

Lenn Park Pavilion, 19206 Edwin Way

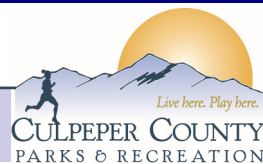
Register By: 3/17 #1613.0070

M 3/23 6:00p-7:00p \$33

Registration is EASY!!!

see page 25 & 26

Winter Schedule



HOT POT COOKING CLASS

Ages 12-Adult, 1day

Hot Pots are usually a pot of boiling broth in the center of the table with a large variety of ingredients laid out buffet-style that you use to cook in the broth on the fly. Join us for a hands-on class, to learn how to customize your own – all while sharing the experience as a group. The first hour will include recipes, ingredients, spices and dinner prep, to then enjoy actively cooking and enjoying the meal together. Make new friends and enjoy a collective cooking experience, during the beginning of the Chinese New Year of 2020! All Supplies included – an apron is recommended.

Instructor: Samantha Whitesides

Extension Office, 101 S. West St.

Register By: 1/21 #1613.0071

Sa 1/25 5:00p-7:00p \$40

INTRO TO THE FRENCH LANGUAGE

Ages 14-Adult, 7wks

Come join Lucie, our local French-Canadian, as she shares the fun and whimsy of the French language. Taught in two progressive 7-week sessions, Lucie will introduce you to basic French rudiments and help you practice useful day-to-day sentences. These will provide the necessary language skills to get by in most common situations, such as social and professional encounters, family gatherings, travel, restaurants, hotels, etc. Additional details & specific topics covered in each class are listed online. **No class 4/15**

Instructor: Lucie-Gabrielle Jolicoeur-Rousseau

Floyd T. Binns Middle School

W 5:30p-7:00p \$110

French 101

1/22-3/4 *Register By:* 1/15 #1613.0073

French 102

4/1-5/20* *Register By:* 3/26 #1613.0074



VALENTINE'S TWEEN/TEEN

CHOCOLATE TRUFFLE PARTY

Ages 12-17, 1day

This class will prepare 6 different homemade chocolate truffles. We'll learn how to make a classic ganache, how to flavor and roll our sweets. All supplies provided but bring a few containers to take home a few truffles. A portion of our creations will be reserved to bag and decorate for the residents of the Culpeper Health & Rehab Center, for the Valentine's Stroll on Thursday, February 13th. Class includes recipe packet, ingredients. Attendance to the Stroll separate and optional, but reserve your space if you choose to attend and present your handmade sweets!

Instructor: Samantha Whitesides

Location To Be Determined

Register By: 2/4 #1613.0072

Sa 2/8 1:00p-4:00p \$15

LE BEAU PARLEUR...

INTERMEDIATE FRENCH

Ages 14-Adult, 8wks

Build on the basics, find your accent, get comfortable with the fundamentals of grammar... all while learning all about French culture, thus becoming a loquacious "Beau Parleur". Each week's topics are listed online. Are you ready for this class? Answer 3 questions online and find out. **No class 4/16**

Instructor: Lucie-Gabrielle Jolicoeur-Rousseau

Floyd T. Binns Middle School

Register By: 2/21 #1613.0075

Th 2/27-4/23 5:30p-7:00p \$125



COOKING CLASS

DATE NIGHT & SINGLE MINGLE

Ages 18+, 1day

Join us for another couples, hands-on, cooking class. This year's theme: Spanish Tapas. Fork be gone! We'll learn to prepare a selection of up to 10 sharable plates, with plenty of savory, cheesy and sweet bites to enjoy. All homemade, using basic and simple ingredients, complete with delicious dessert at the end of a meal you make and enjoy together. Allow 4 hours for this class and come hungry! A fun and relaxing excuse for a casual, social evening. This time, bring a friend, spouse or teen – couples or singles. No need to turn away any interested in this gathering! Sign up as a couple and save \$20

Instructor: Samantha Whitesides

Extension Office, 101 S. West St.

Register By: 3/10 #1613.0076

Sa 3/14 4:00p-8:00p \$40



[CulpeperRecreation](https://www.facebook.com/CulpeperRecreation)

Contact Us!

540-727-3412

www.CulpeperRecreation.com

Parks@CulpeperCounty.gov



Winter Schedule

HEALTH & WELLNESS

CHILD AND BABYSITTING SAFETY

Ages 12yrs-adult, 1 day

Babysitting is usually a teenager's first attempt at building and running a small business. You want to be successful and safe, so come join



Minuteman CPR, who are American Safety & Health Institute (ASHI) certified instructors for this engaging and informative *Child and Babysitting Safety (CABS)* workshop. Bring a bag lunch. **SAVE!! Class is scheduled on Friday March 13 as there is no school this date.**

Instructor: Minuteman CPR, LLC

Community Room, 303 N. Main

Register By: 3/4 #1613.1613.0077

F 3/13 9:00a-3:00p \$50

SAVE!!!

Register for 2 classes taught by Minuteman CPR and SAVE \$10!
Register for all 3 and SAVE \$20!!

CPR & AED / FIRST AID TRAINING

Ages 12yrs-adult, 1 day

Come join Minuteman CPR, who are American Safety & Health Institute (ASHI) certified instructors for 1 day of life saving skills instruction. **First 3 hours** are on how to perform CPR (cardio-pulmonary resuscitation) and use an AED (automated external defibrillator) on Adults, Children and Infants. **Second 3 hours** will provide you with the necessary knowledge to provide basic care in emergency situations until trained emergency personnel arrive. Sign up for one class or both.

Instructor: Minuteman CPR, LLC

Community Room, 303 N. Main St.

Continued next column...

Register By: 3/4

Sa 3/14 \$45 per class

CPR & AED 9:00a-12:00n #1613.0078

First Aid 1:00p-4:00p #1613.0079



GLUTEN FREE BAKING

Ages 12-adult, 1 day

Gluten Free Baking can seem intimidating at first, but once you get the hang of the ingredients you will be able to expand your food selections. Sharon of Hobby Hill Farm will show you the basics and in class you will make Banana Bread, English Muffins and Pizza. This 2.5 hour class will jump start your gluten free baking skills. Please bring an apron and any refreshments you would like. Bring a few containers to take samples home.



Instructor: Hobby Hill Farm Fresh

Floyd T. Binns Middle School, Rm 405

Register By: 1/30 #1613.0080

Sa 2/8 10:00a-12:30p \$60

SAVE!!!

Register for Both Hobby Hill classes and **SAVE \$10!**



HOMEMADE YOGURT, CREAM CHEESE AND MORE!

Ages 12-adult, 1 day

Crackers & Cheese go together like Peanut Butter and Jelly. Soft spreadable cheeses are usually made with cultures. Don't let that scare you, as they are easy to use, make and store. Add these to a little bit of milk allowing them to do their job and you have the beginning of a very tasty soft cheese. This class you will learn how easy it is to make

fresh Yogurt, Cream Cheese, Sour Cream and Buttermilk. Bring an apron and a few containers to take samples home.

Instructor: Hobby Hill Farm Fresh

Floyd T. Binns Middle School, Rm 405

Register By: 1/30 #1613.0081

Sa 2/8 1:30p-3:30p \$55

ZUMBA

Ages 13-Adult, 4wks

We take the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you'll see why Zumba® Fitness classes are often called exercise in disguise. Super effective? Check. Super fun? Check and check. Taught by a licensed Zumba instructor, this multi-level class will include high and low impact options. Please wear sneakers and bring a bottle of water and a towel.

Instructor: Kelly Rozwadowski

Community Room, 303 N. Main St.

W 6:15p-7:15p \$35

1/22-2/12 *Register By:* 1/16 #1512.0125

2/19-3/11 *Register By:* 2/13 #1512.0126

3/18-4/8 *Register By:* 3/12 #1512.0127

TRANSFORM

Ages 13-Adult, 4wks

TRANSFORM unites yoga and sport for a unique mind-body fitness class, featuring traditional yoga poses and sport-influenced movement including plyometrics and body weight exercises. Taught by an AFAA certified group fitness instructor, the class will offer both modifications for beginners and progressions for those looking for new challenges.

Instructor: Kelly Rozwadowski

Community Room, 303 N. Main St.

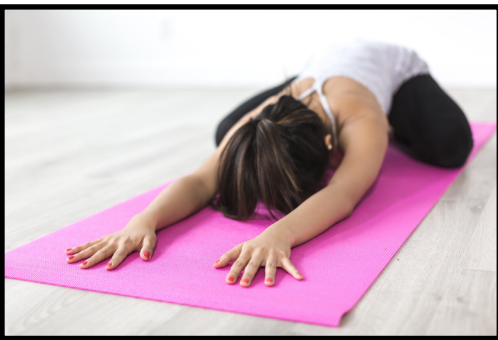
Register By: 1/15 #1512.0128

Th 1/23-2/13 6:15p-7:15p \$35

Registration is EASY!!!

see page 25 & 26

Winter Schedule



YOGA



Ages 13-Adult, 4wks

Wrap up your day with a playful approach to yoga. This class will include breath work and postures in a mindful way that encourages you to listen to your body. Relax your mind and body while exploring strength and flexibility, practicing balance and coordination, and reducing stress. Beginners are warmly welcomed! Please dress comfortably and bring a yoga mat, towel, and water.

Instructor: Kelly Rozwadowski, RYT200
Community Room, 303 N. Main St.

Register By: 2/13 #1512.0129

Th 2/20-3/12 6:15p-7:15p \$35

CARDIO KICKBOXING

Ages 16-adult, 4wks

For those new to kickboxing or those wishing to brush up on their skills. You will learn to combine the dynamic punches of boxing with the basic kicks of Martial Arts for a total body workout that will increase your strength, endurance and improve your self-confidence. Kickboxing will also help you to improve coordination, balance, and flexibility and it also empowers and de-stresses. This is a non-contact class.

***No class 3/30**

Instructor: Coach RW Godlewski
Community Room, 303 N. Main

Register By: 3/3 #1512.0130

M 3/9-4/6* 6:15p-7:15p \$35



[CulpeperRecreation](#)

TAI CHI

Ages 16-Adult, 3wks

Tai Chi is a gentle, flowing, meditative-style of exercise that produces greater energy and ease for the body, mind and spirit. This wonderful, healthy exercise is appropriate for both men and women. The most important principal of Tai Chi is to relax and who doesn't need to relax?

Instructor: Sifu RW Godlewski

Community Room, 303 N. Main

Register By: 2/26

#1512.0131

M&W 3/2-3/18 2:30-3:30p \$100



MEDITATION FOR EVERYONE

Ages 18+, 3wks

Meditation may seem like much ado about nothing but turns out to be something to do about everything. For what we think impacts our health, relationships, and work. Yet how many times do we get lost in thoughts and don't even know it? Join us for the three-class series as we open our minds to become aware of our thoughts and practice doing what neuroscientist Rick Hanson refers to as 'rewiring' our brain to help ensure those thoughts work for our life's purpose. All levels welcome.

Instructor: Michele Bledsoe

Community Room 303 N. Main St

Register By: 3/17

#1612.0001

Sa 3/21-4/4 9:00a-10:30a \$55

Testimonial from previous Meditation class participant:

This has been an enlightening experience. I would recommend it to anyone desiring more peace in their life.

~Megan

This course was extremely beneficial to my well-being. -Karen

COUNTY Parks Guide

Contact information at bottom of page.

Lenn Park

19206 Edwin Way

Pavilion with indoor activity room, trails, adult softball, multi-purpose field, Scout campground, model airplane park, horseshoe courts, picnic tables, mini-picnic shelters, grills, historical markers, and catch & release fishing (with license).

Culpeper Sports Complex

16358 Competition Drive

Trails, fields (baseball, softball, soccer, football/lacrosse, and multi-purpose), **inclusive playground**, concession stand, restrooms, picnic tables, grills, a 5-senses garden, and horseshoe courts.

Spilman Park

3543 Colvin Road

Picnic shelter, **disc golf**, toddler playground, multi-purpose field, trails, horseshoe court, grills, and historical marker

Galbreath-Marshall Park

1401 Old Fredericksburg Road

Multi-purpose field.

Laurel Valley Park

14017 Laurel Valley Place

Home of the Culpeper Soap Box Derby track. Additional park amenities to be developed.

To Be Developed

Linda Cutler-Kite Memorial Park

Corner of Ira Hoffman Ln & Rixeyville Rd

Kirkpatrick Park

Kirkpatrick Lane, Lignum

TOWN OPERATED PARKS

Rock Water Park, Yowell Meadow Park, Mtn Run Lake Park, Lake Pelham Adventures, Kestner Wayside Park, Wine Street Park. **For information about TOWN operated parks please contact 540-829-8260.**



PAWS & HOOFS

ALL DOG OBEDIENCE CLASSES

- Are held at Lenn Park Pavilion
19206 Edwin Way, Culpeper
- Handlers (humans) ages 7yrs & up
(7-15yrs must have adult remain on site.)

INDOOR GAMES FOR YOUR DOG



Ages Dogs 6months+, 1 day
Is it too cold to stay outside and play with your dog? Well let's bring the fun inside! This class will show you a variety of easy games, exercises, and challenges that are fun and will keep you and your dog busy indoors. These games will help to improve your dog's foundation behaviors as well as making more advanced training easier and will improve the bond you have. Come, learn what you and your dog can do and enjoy your time together. More details online.

Instructor: Andrea Williams

Register By: 3/10 #1614.0042

Sa 3/14 9:00am-12:00pm \$50

S.T.A.R. PUPPY KINDERGARTEN

Ages: Puppies 3-12 months, 7wks

S.T.A.R. stands for what your puppy needs - Socialization, Training, Activity, and a Responsible owner. In class you and your puppy will work on sitting, staying, coming, walking on a leash, and most importantly, having fun! More class details are online.

Instructor: Betty Ann Howell

Register By: 1/15 #1614.0043

Tu 1/21-3/3 11:00a-12:00p \$110



BEGINNING MANNERS & INTRO TO RALLY

Ages: Dogs 5 months & up, 7wks

This class is for the dog just starting to learn or for the dog that knows a few cues but isn't quite ready for the Canine Good Citizen class yet. Cues that are focused on are: sit, come, down, stay, walking on a leash without pulling, and general good manners. As we're working on learning these cues why not have some fun?!? The dog sport of Rally will also be introduced in this class. In Rally, the dog and Handler work together to complete a series of signs with simple cues on them, such as STOP-SIT, or SIT-DOWN-SIT. As the dog's (and handler's) skills get better, the signs can become more interesting. Any dog, whether they're a 5-month old puppy or a 15-year-old senior, can attend.

Instructor: Betty Ann Howell

Register By: 1/15 #1614.0044

Th 1/23-3/5 11:00a-12:00p \$110

CANINE GOOD CITIZEN & INTRO TO NOSE WORK

Ages: Dogs 6 months & up; 7 wks

Prerequisite: Dog should have a reliable sit, down, stay, & come; STAR Puppy or Beginning Manners is recommended.

The next step in your goal of having a mannerly dog is to help your dog earn its Canine Good Citizen (CGC) certificate! Nose work will also be introduced in this class just for fun and will help your dog realize that it has a nose and how to use it. The Canine Good Citizen Program is a two-part program that

Winter Schedule

stresses responsible pet ownership and basic good manners for dogs. As you work with your dog to teach the CGC skills, you'll discover the many benefits and joys of training your dog. Dogs who have a solid obedience education are a joy to live with. These dogs respond well to household routines and have good manners in the presence of people and other dogs. Nosework is just for fun and will help your dog learn how to search for and find the source of specific scents.

This is NOT a beginner's class.

Instructor: Betty Ann Howell

Register By: 1/15 #1614.0045

Th 1/23-3/5 12:15p-1:15p \$110

DOG OBEDIENCE DISCOUNTS

- Seniors - 55 & up - **10% discount**

- Adopted Dogs - **20% discount**

must provide copy of adoption contract (discount NOT available online - will not be applied after registering)

* Only one discount per family.

PONY RIDING I

Ages 4-6yrs, 6wks

Students will learn basic position and commands. Emphasis is on safety and building confidence on horseback at the walk. Students will learn to walk, halt, and steer. Adult must lead horse and child around riding ring while child receives instruction. *No class 2/17
This class is offered at TWO different farms.

Instructor: Claddagh Farm

5170 Jeffersonton Rd, Jeffersonton

W 12:00p-12:30p \$140

1/22-2/26 *Register By:* 1/15 #1614.0046

3/4-4/8 *Register By:* 2/27 #1614.0047

Instructor: Misty Run Eventing

8021 Olympic Way, Culpeper (Reva area)

Register By: 1/21 #1614.0048

M 1/27-3/9* 5:15p-5:45p \$140

Register By: 1/15 #1614.0049

Th 1/23-2/27 10:45a-11:15a \$140

Registration is EASY!!!

see page 25 & 26

Winter Schedule



All Horseback Riding Classes:

Lessons are done inside a riding arena, but still dress for the weather. Participants must wear long pants and closed-toed shoes with a heel. Helmets are required, and provided or you may bring your own.



PONY RIDING II

Ages 4-6yrs,

Prerequisite: must have previous structured lesson experience

Continuing to develop skills on horseback at the walk and trot, building towards off-lead riding. Adult must lead horse and child around riding ring while child receives instruction. **This class is offered at TWO different farms.**

Instructor: Claddagh Farm

5170 Jeffersonton Rd, Jeffersonton

W 12:45p-1:15p \$140

(6wks)

1/22-2/26 *Register By:* 1/15 #1614.0050

3/4-4/8 *Register By:* 2/27 #1614.0051

Instructor: Misty Run Eventing

8021 Olympic Way, Culpeper (Reva area)

Register By: 3/10 #1614.0052

M 3/16-4/13(5wk) 5:15p-5:45p \$115

Register By: 2/28 #1614.0053

Th 3/5-4/2(5wk) 10:45a-11:15a \$115



INTRO TO HORSEMANSHIP

Ages 5-adult, 6wks

Do you or your child absolutely love horses? Want one of your own? Or just want to learn more about horses and how to be around them? Then this is the PERFECT activity for you to learn important ground skills in a hands on environment. Miss Jenn of Misty Run Eventing will go over all the fun and amazing aspects of taking care of a horse (she will also include some of the not so fun things too). You will learn how to be safe around a horse, catching the horse and getting them to come out of the field, haltering, leading, grooming, and tacking (putting on the saddle & bridle). The last 2 classes will also include mounting and dismounting and getting the horse to walk while mounted. This is a great class to take before, after, or in addition to our other riding programs.

No Class 2/17.

Instructor: Misty Run Eventing

8021 Olympic Way, Culpeper (Reva area)

Register By: 1/21 #1614.0058

M 1/27-3/9* 6:00p-6:30p \$140

Register By: 1/15 #1614.0059

Th 1/23-2/27 11:30a-12:15p \$140



BEGINNER RIDING

Ages 7-15, 6wks

Students will learn basic positions, how to walk, halt, and steer. Trotting will be introduced and students will learn how to post and ride in 2-point position. **This class is offered at TWO different farms.**

There is also a time scheduled specifically for **HOMESCHOOLERS**.

Instructor: Claddagh Farm

5170 Jeffersonton Rd, Jeffersonton

W 1:30p-2:15p \$180

1/22-2/26 *Register By:* 1/15 #1614.0054

3/4-4/8 *Register By:* 2/27 #1614.0055

Instructor: Misty Run Eventing

8021 Olympic Way, Culpeper (Reva area)

Register By: 1/21 #1614.0056

Th 1/23-2/27 11:30a-12:15p \$180

Register By: 1/15 #1614.0057

Sa 1/25-2/29 12:00p-12:45p \$180

EQUINE LEADERSHIP

Ages 15-adult, 6wks

Prerequisite: Must have riding experience – minimum ability to sit a walk and a trot.

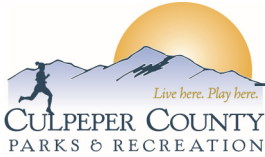
Become the quiet, confident leader your horse wants you to be. Course will combine classroom and hands on activities designed to improve understanding and communication between horse and human; develop a stronger relationship with your horse; individual Problem solving; and build horse/human confidence. Have your own horse? Then you can bring them – with a current negative coggins certificate. Don't have your own horse? Not a problem – you can work with one of horses at Misty Run. Please note on your registration form if you will be bringing your own horse or not. Maximum of 6 participants.

Instructor: Misty Run Eventing

8021 Olympic Way, Culpeper (Reva area)

Register By: 1/15 #1614.0060

Sa 1/25-2/29 1:00p-1:45p \$300



Winter Schedule

SPECIAL EVENTS

11TH ANNUAL WICKED BOTTOM CROSS COUNTRY 5K & ½MILE FUN RUN



This Cross Country run starts from the scenic grounds of Lenn Park. The course circles the northern side of the Park then crosses over to Old House Vineyards where you will pass the rows of vines while following the gravel road, then return to Lenn Park where you will follow the gravel trail that winds along the border of the Park property in view of Mountain Run Creek. Electronic timing is provided by Commonwealth Timing. There will be **Awards** for the first overall male & female finishers, and to the 1st-3rd place finishers in each of the 11 different age groups.

During the 5K there will be **ACTIVITIES FOR KIDS** hosted by KidCentral.

A 1/2-mile fun run in the park will be held prior to the start of the 5K.

Also enjoy: **FREE YOGA** with Pranapiloga **FREE WINE TASTINGS** at Old House
DOOR PRIZES & MUSIC

All 5K participants are guaranteed an event **TECHNICAL** t-shirt, BUT...those registered by 4/5 will get their desired sizes
Ladies sizes are only available until 4/5; Registrations after 4/5 are first come first serve for unisex sizes.

Register Early—only 275 openings are available.

If we max out before the event, there will be NO day of event registration. \$5 price increase day of event Refunds will not be processed after 4/5/20

Saturday, May 2nd **8:15am—½ mile fun run** \$10 **8:30am—5K** \$25

13TH ANNUAL CULPEPER CYCLING CENTURY

Come on out for the 13th Annual Culpeper Cycling Century on **Saturday, October 3th!**
This bicycle ride boasts great scenic beauty and paved road riding in Culpeper County during the most colorful season - Fall!
You can choose between 30, 60, or the ultimate challenge—100 miles of countryside road.
More details: www.CulpeperCyclingCentury.com



TRIPS

Check out our webpage for details on day trips to Baltimore Aquarium and the Inner Harbor, Tangier Island, and New York City!

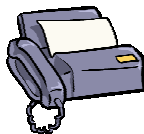
Registration is EASY!!! **see page 25 & 26**

5 EASY WAYS TO REGISTER!



By Phone

•Call 540-727-3412 and select either extension 4 or 5. You can set up your ActiveNet Account and register for activities in one phone call. Payment must be made by credit card to register over the phone. ActiveNet customer accounts can also be set up via phone.



By Fax

•Simply complete the registration form (and “ActiveNet Customer Account Form” if not already done) and payment information (credit cards only) and fax to 540-727-2802.



Online

•Go to www.CulpeperRecreation.com, then click “*View the Activity Schedule.*” Set up your ActiveNet customer account, and you can register from the convenience of your home or anywhere you have internet access.

Walk-In

•Registration will be accepted at the Parks and Recreation Office, at 131 N. Main St. from 8:00 a.m. to 4:30 p.m., Monday through Friday (except holidays). Cash /Check/ Credit Card



By Mail

•Set up your ActiveNet Account online or include the set up form on page 26 with a completed registration form and payment,
•Mail to **131 N. Main Street, Culpeper, Virginia 22701.**
•Confirmations are only done via email. Please include a self-addressed, stamped envelope, if **you require** a paper confirmation.



REGISTRATION INFORMATION

ActiveNet

- ActiveNet is the recreation software the Department has to process registrations, provide online registration, and accept credit card payments.
- To begin using this system, each household must have an account set up in order to register for any Department activities. Please complete the “ActiveNet Customer Account Form” on page 24 and fax or mail it to the Department. You can also set up your account online. This form only has to be completed once.
- Registrations cannot be processed until the “ActiveNet Customer Account Form” has been received and processed by the Department, or you have set up your account online.
- If your address, phone number, or email changes, please be sure to log in and update your ActiveNet account or call us to update your information.
- Credit Card Transactions will show on your statement as:
ACT*CulpeperCoParksRec
C 877-228-4881 TX

Registration:

- **Online registration begins on Friday, January 3, 2020.**
- **All other registration methods will begin on Monday, January 6, 2020.**
- Full payment must accompany registration in the form of credit card (Visa, Master Card, America Express, Discover), cash, check, or money order payable to Culpeper County Parks and Recreation.
- Registrations are accepted on a first-come, first-served basis. **Anyone can participate regardless of County of residence.**

Register By:

- The “*Register By:*” date is when the Department has to have the minimum number of registrations to offer the activity. If the minimum is met by this date, registrations will continue to be accepted, unless otherwise stated, until the day before the activity starts or it is full. However, if minimum is not met by this date, the activity will be canceled and refunds issued.

Refunds:

- If a participant needs to withdraw from a program, a full refund will be issued if the Parks and Recreation Department has been notified before the start of the second class. Unless otherwise stated in the description.
- If a participant withdraws from a program after the start of the second class, then a pro-rated refund, less a \$3 processing fee, will be issued.
- Refunds for one-day activities and all bus/van trips will be given in full, prior to the “Register By” date. After the Register By date, refunds less a \$3 processing fee, are **only given** if a substitute(s) is found and that substitute(s) registers with the Department before the activity/trip date.
- If original payment was by cash or check, then a refund check is mailed to the address on file and it can take up to 45 days to be received.
- If payment was made by credit card, then refund will be processed to that same credit card.

Cancellation Policies:

- The Parks and Recreation Department reserves the right to cancel activities for any reason and to refuse any registration for any reason. Refunds are given for any department canceled programs.
- The Parks and Recreation Department programs will be canceled when Culpeper County Public Schools cancel or close early for inclement weather, natural disasters or other occurrences.
- Closing announcements will be posted on: 95.3 FM, 103.1FM, & 105.5FM, www.cancellations.com, www.Facebook.com/CulpeperRec or at 540-727-3412 and select option 1, and sent via email and text message (if you are set up for text).

Adjustments

- Department staff has made every effort to prepare this section of ***The Culpeper Quarterly*** as accurately as possible, however, errors can occur. Circumstances may require that adjustments be made to programs, fees, schedules, etc. The Department reserves the right to make any needed adjustments.



Registration Form

First Time Registering?
Please complete the ActiveNet Customer Account Form along with this registration form.

Now Accepted!!!
Visa
MasterCard
American Express
Discover

One household per registration form please. Photocopies of form are acceptable.

Account Main Contact Name: _____ Home Phone: (_____) _____

Participant Name	Birth date	Activity Name	#	Date(s)	Time	Fee
Jane Doe	8/ 1 /1991	Sample Class	1610.0005	3/2-3/30	6-8p	\$5.00
	/ /					\$
	/ /					\$
	/ /					\$
	/ /					\$
	/ /					\$
Total (Pay this amount)						\$

Assumption of Risk and Release, and Covenant Not To Sue: ☐ *Yes, I understand and agree* *Initial* _____

In agreeing to participate in the program, as an adult participant or as a parent or a legal guardian of a minor participant, I and/or the participant do hereby affirm that the general health of the participant is good, and that the participant is not adversely affected by exercise, and that the participant is capable of performing an activity of this nature.

In consideration of participating in this activity, I and/or the participant do hereby covenant not sue the County with regard to any action, cause of action, claims, and demands of every kind or nature whatsoever that I and/or the participant have or which arise from or in connection with my participation in this activity. In consideration of participating in this activity, I and/or the participant do hereby assume all risk of any injury to the participant and will indemnify and hold harmless, from any and all liability, action, cause of action, claims, and demands of every kind or nature whatsoever that I and/or the participant have or which arise from or in connection with my participation in this activity, the County of Culpeper, Virginia, the County Board of Supervisors, the Culpeper County Department of Parks and Recreation, the Culpeper County School Board, the Town of Culpeper, and all their officers, agents, employees, staff, volunteers and successors.

It is likewise assumed and agreed that the participant will, at his own expense, wear the proper clothing and protective equipment during the activity, and that it is the responsibility of the participant or parent or guardian to make sure the criteria are met. I grant my permission to the county or its agents to transport the participant to and from an event or activity when required and hold harmless those assigned to transport. I also agree to allow transportation of the participant to the nearest physician or hospital for medical treatment and agree to allow for immediate first aid to the injured participant, if and when deemed necessary.

MEDIA RELEASE SECTION: Yes, I understand (initials _____) that I may be photographed and/or videotaped while participating in this activity. I agree to allow Culpeper County Parks & Recreation Department to use said photographs and/or videotapes in Department publications, media campaigns, to publicize and promote the Department, and also for educational and/or safety purposes (not for profit-making activity). I further waive any remuneration for publishing and/or printing such photographs of me. Any concerns this section may be directed to the County designee-event coordinator/manager for this event. This form and agreement will not be accepted and registration shall not be complete until this Media Release Section is initialed and agreed upon, or the concerns as to this section are otherwise resolved in writing by the County and the participant (and/or his/her parent or legal a guardian, as may be necessary).

I understand that by affixing my signature on this Agreement, titled Assumption of Risk, Release from Liability, & Covenant Not to Sue, that I attest to having read, fully understand and agree to all as set forth above. Covenantor has carefully read the foregoing covenant not to sue and knows and understands and agrees to the content hereof. Participant (and/or his/her parent or legal a guardian, as may be necessary) has carefully read the foregoing waiver of and release from liability and knows and understands and agrees to the content hereof.

Participant Signature (7yrs & older) _____ Parent / Guardian Signature (if participant 17 or younger) _____ Date _____

Customer Use - Payment Method

Check Payment Method: ☐ Check Enclosed \$ _____ # _____ ☐ Cash (Walk-in only)

Credit Card: ☐ Visa ☐ Master Card ☐ American Express ☐ Discover

Number: _____ / _____ / _____ / _____ Exp. Date ____/____ CCV _____

Signature: _____

I agree to pay the above total amount according to card issuer agreement

Culpeper County Parks and Recreation, 131 N. Main Street, Culpeper, Virginia 22701
Phone: (540) 727-3412, Fax: (540) 727-2802 Website: www.CulpeperRecreation.com

ActiveNet Customer Account Form

Main contact must be at least 18 yrs.
PRINT CLEARLY

Main Contact Client #1
(must be adult)

Name (First) _____
(Last) _____
Birth Date ____/____/____ Sex: ☐ M ☐ F
Street Address: _____
City/State _____
Zip _____
Allergies: _____
Home Phone (____) _____
Cell Phone (____) _____
E-mail address: _____

(required for confirmations)
Emergency Contact
Name: _____
Relationship: _____
Phone: (____) _____

Client #2 (spouse / child)

(First) _____
(Last) _____
Birth Date ____/____/____
Sex: ☐ M ☐ F
Allergies: _____
Same Address as above? ☐ Y ☐ N

Client #3 (additional family member)

(First) _____
(Last) _____
Birth Date ____/____/____
Sex: ☐ M ☐ F
Allergies: _____
Same Address as above? ☐ Y ☐ N

Client #4 (additional family member)

(First) _____
(Last) _____
Birth Date ____/____/____
Sex: ☐ M ☐ F
Allergies: _____
Same Address as above? ☐ Y ☐ N

If address is different from Main Contact, or more than 4 family members, please include an additional sheet of paper with requested information for each additional family member.